

ALCAT Tests

The following is a list of the items tested by ALCAT. For the food tests each test include what is tested in the previous test. So the ALCAT 100 tests everything the 50 tests plus 50 more. The 200 tests all foods tested by ALCAT. The links for ordering the tests are in the name of the test.

200 Foods [ALCAT Food Tests](#)

ALCAT 50

Apple	Cocoa	Pear
Barley	Egg white	Fructose
Beef	Egg yolk	Gliadin
Broccoli	Garlic	Oat
Baker's yeast	Gluten	Onion
Banana	Lemon	Shrimp
Black pepper	Orange	Sweet potato
Cabbage	Grape	Tomato
Cantaloupe	Green pea	Tuna
Casein	Lamb	Turkey
Cane sugar	Cottonseed	Squash
Carrot	Iceberg lettuce	Strawberry
Corn	Mustard	String bean
Cow's milk	Peanut	Vanilla
Cauliflower	Pork	Wheat
Chicken	Rice	White potato
Cinnamon	Soybean	

ALCAT 100

Almond	Cranberry	Peach
Asparagus	Cucumber	Pecan
Avocado	Eggplant	Pineapple
Basil	Ginger	Pinto bean
Blueberry	Goat's milk	Plum
Brewer's yeast	Grapefruit	Psyllium
Brussel sprout	Green pepper	Rye
Candida albicans	Halibut	Salmon
Carob	Honey	Scallop
Cashew	Hops	Sesame
Celery	Lime	Red snapper
Cherry	Lobster	Sole
Clam	Millet	Spinach
Coconut	Mushroom	Tea
Codfish	Olive	Watermelon
Coffee	Oregano	Whey
Crab	Parsley	

ALCAT 150

Apricot	Haddock	Pumpkin
Artichoke	Hazelnut	Radish
Sea bass	Herring	Raspberry
Bayleaf	Honeydew Melon	Red beet
Blackberry	Kidney bean	Safflower
Black eyed pea	Kiwi	Sage
Buckwheat	Lentil bean	Sardine
Caraway	Lima bean	Sugar beet
Cayenne pepper	Malt	Sunflower
Chick pea	Mango	Tapioca
Clove	Navy bean	Thyme
Cumin	Nutmeg	Trout
Date	Oyster	Turnip
Dill	Papaya	Veal
Duck	Paprika	Walnut
Fig	Peppermint	Whitefish
Flaxseed	Pistachio	

ALCAT 200

Anchovy	Jalapeno pepper	Quinoa
Anise seed	Kale	Rhubarb
Beef liver	Kelp	Romaine Lettuce
Black Currant	Leek	Rosemary
Bok Choy	Licorice	Spelt
Brazil nut	Macadamia nut	Saffron
Cardamom	Mackerel	Sheep's milk
Catfish, Channel	Maple sugar	Squash, Acorn
Chamomile	Mung bean	Squash, Zucchini
Chilli pepper	Mussel	Squid
Coriander	Nectarine	Swiss Chard
Crayfish	Okra	Swordfish
Curry Mix	Parsnip	Tarragon
Endive	Pheasant	Turmeric
Fava bean	Pine nut	Venison
Fennel seed	Pomegranate	Watercress
Flounder	Quail	

150 Food Vegetarian Panel

almond	egg yolk	papaya
apple	eggplant	paprika
apricot	endive	parsley
artichoke	fava bean	parsnip
asparagus	fig	peach
avocado	flaxseed	peanut
baker's yeast	fructose	pear
banana	garlic	pecan
bayleaf	ginger	pineapple
barley	gliadin	pine nut
basil	gluten	pinto bean
beet	grape	pistachio
blackberry	grapefruit	plum
black eye pea	green pea	pomegranate
black pepper	green pepper	pumpkin
blueberry	hazelnut/filbert	psyllium
brazil nut	honey	radish
brewer's yeast	honeydew	raspberry
broccoli	hops	red pepper
brussel sprouts	jalepeno	romaine lettuce
buckwheat	kale	rosemary
cabbage	kelp	rhubarb
candida albicans	kidney bean	rice
cane sugar	kiwi	rye
cantaloupe	leek	saffron
caraway	lemon	sage
carob	lentil bean	sesame
carrot	lettuce	sheep's milk
casein	lima bean	soybean
cashew	lime	spinach
cauliflower	macadamia	squash
cayenne pepper	malt	strawberry
celery	mango	string bean
cherry	maple sugar	sunflower
chamomile	milk (cow's)	sweet potato
chicpea	milk (goat's)	swiss chard
chili pepper	millet	tapioca
cinnamon	mint	tarragon
clove	mung bean	tea
cocoa	mushroom	thyme
coconut	mustard	tomato
coffee	navy bean	turnip
corn	nectarine	turmeric
cranberry	nutmeg	vanilla
cucumber	oat	walnut
cumin	okra	watermelon
curry	olive	wheat
date	onion	whey
dill	orange	white potato
egg white	oregano	zucchini

10 Food Additives/ 10 Food Colorings Panel

ASPARTAME, BENZOIC ACID, MONOSODIUM GLUTAMATE(MSG), POLYSORBATE 80, POTASSIUM NITRATE, POTASSIUM NITRITE, SACCHARINE, SORBIC ACID, SODIUM METABISULFITE, SODIUM SULFITE, ACID ORANGE, BLUE #1, BLUE #2, BRILLIANT BLACK, GREEN #3, RED #1, RED #3, RED #40, YELLOW #5, YELLOW #6

10 Environmental Chemicals Panel

AMMONIUM CHLORIDE, BENZENE, CHLORINE, ETHYLENE GLYCOL, FLUORIDE, FORMALDEHYDE, NICKEL SULFATE, ORRIS ROOT, PHENOL, TOLUENE

20 Molds Panel

ALTERNARIA, ASPERGILLUS, BOTRYTIS, CANDIDA ALBICANS, CEPHALOSPORIUM, CLADOSPORIUM, CURVULARIA SPECIFERA, EPICOCCUM NIGRUM, FUSARIUM, HELMINTHOSPORIUM, HORMODENDRUM (Cladosporium), MUCOR RACEMOSUS, PENICILLIUM, PHOMA HERBARUM, PULLULARIA, RHIZOPUS NIGRICAN, RHODOTORULA (Rubra), SPONDYLOCLADIUM, SPOROBOLOMYCES, TRICHODERMA

20 Pharmacoactive Agents Panel

ACETALDEHYDE, AFLATOXINS, CAFFEIC ACID, CHLOROGENIC ACID, COUMARIN, DOPAMINE, DI-PHENYLALANINE, GALLIC ACID, HISTAMINE, MALVIN, NICOTINE, OCTOPAMINE, PIPERONAL, PYRIDINE, PHENYLETHYLAMINE, RUTIN SEROTONIN, SOLANINE, TRYPTOPHAN, TYRAMINE

10 Antibiotics / 10 Anti-Inflammatories Panel

ADVIL/MOTRIN, ALEVE, AMOXICILLIN, AMPICILLIN, ASPRIN, CEPHALOSPORIN, CLINORIL, DOLOBID, FELDENE, GENTAMICIN, INDOCIN, NEOMYCIN, NYSTATIN, PENICILLAMINE, PENICILLIN, STRPTOMYCIN, SULFAMETHOXAZOLE, TETRACYCLINE, TYLENOL, VOLTAREN

Platinum Comprehensive (290 items)

200 Food Panel, 10 Food Additives/10 Food Colorings Panel, 10 Antibiotics/10 Anti-Inflammatory Agents Panel, 20 Pharmacoactive Agents Panel, 10 Environmental Chemicals Panel, 20 Molds Panel.

Comprehensive Wellness 1 (250 items)

200 Food Panel, 10 Food Additives/10 Food Colorings Panel, Environmental Chemicals Panel, 20

Molds Panel.

Comprehensive Wellness 2 (220 items)

200 Food Panel, 10 Food Additives/10 Food Colorings Panel

Comprehensive Wellness 3 (200 Items)

150 Food Panel, 10 Food Additives/10 Food Colorings Panel, Environmental Chemicals Panel, 20 Molds Panel.

Comprehensive Wellness 4 (170 Items)

150 Food Panel, 10 Food Additives/10 Food Colorings Panel

Comprehensive Wellness 5 (150 Items)

100 Food Panel, 10 Food Additives/10 Food Colorings Panel, Environmental Chemicals Panel, 20 Molds Panel.

Comprehensive Wellness 6 (120 Items)

100 Food Panel, 10 Food Additives/10 Food Colorings Panel

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